



Warm Timber Sauna Maintenance

Making Sure Your Sauna Lasts

You just put a huge investment into your facility. It's important to ensure your sauna lasts for years to come. Here are our tips.

Ensure and enforce clear expectations with members:

- We recommend clearly posting and enforcing the following rules:
 - No shoes, food, or drinks allowed inside the sauna.
 - Users must wear appropriate clothing.
 - All users are required to sit on a towel while using the sauna to maintain hygiene and protect the seating surfaces.
 - Children under 15 must be accompanied by an adult while using the sauna.
 - Pregnant women, individuals with a heart condition, high blood pressure, or any other medical condition are advised not to use the sauna without consulting their doctor first.
 - Users should avoid consuming alcohol or drugs before or during their session
 - Do not touch or tamper with the heater inside of the sauna
 - Smoking, vaping, or using e-cigarettes inside the sauna is strictly prohibited.
 - Earrings and other jewelry should be removed
 - Rinse off any pool water or chlorine before entering the sauna

While residential sauna owners might have different preferences on temperatures, creating loyls (pouring water on the stones), towel use, or sauna wear, it's important to ensure standard use in your facility so your sauna lasts.

